### **Contact details**

If you have any questions about any of the information contained in this leaflet please contact:

### Lincoln County Hospital

Macular disease coordinator on 01522 573566

### Other useful contact details

Clinic 8, Lincoln County Hospital 01522 307180 Monday to Friday 9am to 5pm

Royle Eye Department, Pilgrim Hospital 01205 445626 Monday to Thursday 8am to 8pm, Friday 9am to 5pm

The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please email the Patient Information team at patient.information@ulh.nhs.uk







# Welcome to the Macular Service

Ophthalmology Departments Lincoln County Hospital Pilgrim Hospital www.ulh.nhs.uk

## Wet Age-Related Macular Degeneration Service

#### IMPORTANT: PLEASE READ AT EACH VISIT

Welcome to the Macular Service. We hope that your experience with us will be a pleasant one.

You have been referred to us by your General Practitioner or Optician. We will try to determine the nature of your retinal problem and inform you of what tests and/or treatments are required. The eye department is affiliated with the University of Nottingham and University of Leicester. Medical students and doctors in training may deliver part or all of your care under supervision of the Consultant. We are here to answer your questions about your eye condition and to try to help you with your eye problem.

We see and treat patients from across the county. We do our best to keep your scheduled appointment time, but as there may be emergency patients that need our immediate attention to prevent permanent visual loss, you may encounter delays beyond our control.

You will usually be seen by a nurse or orthoptist who will enquire about your medical history and perform some introductory tests. Most patients receive eye drops that dilate (enlarge) the pupils, thereby allowing examination of the retina. These drops may initially sting and leave your vision somewhat cloudy or hazy, especially for reading. These drops will leave you sensitive to bright

light for several hours, so please arrange for someone else to drive you home from the hospital after your visit. These drops take 25 to 45 minutes to work and you will be asked to return to the waiting room before being examined.

In most cases your total visit will last 2 to 3 hours. If additional tests are required after the examination, we will do our best to schedule the diagnostic test as soon as possible, sometimes even on the same day as your visit. If you are finding that your waiting time is unexpectedly long, please feel free to ask the reception staff how long it will take until you are seen. If, for any reason, you feel you cannot wait, please inform reception staff and we will do our best to reschedule your appointment.

We do our best to attend to the many patients who develop eye disease in a timely manner. Our goal is to provide the most up-to-date, professional and compassionate care to you. We will treat you respectfully and we expect the same in return. If you are displeased with any aspect of your care or any of the personnel that you have been in contact with, please do not take it out on the clinic staff but do bring this to the direct attention of the Consultant.